

Year 5 and Year 6

Social Curriculum

Year 5: Jigsaw

Lesson	Learning Objective	Vocabulary
Week 1 (6 th June)	I understand how to stay safe when using technology to communicate with my friends. Video: becky ceop video	(see science)
Week 3	I understand how it feels to be attracted to someone and what having a boyfriend/girlfriend might mean I understand that relationships are personal and there is no need to feel pressurised into having a boyfriend/girlfriend. ----- I understand how it feels to be attracted to someone and what having a boyfriend/girlfriend might mean I can recognise the feeling of jealousy, where it comes and how to manage it.	
Weeks 4 - 5 (Linked to science)	Puberty for girls: I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally. <u>Activities:</u> Menstruation cards sort. Describing changes that will take place and discuss what they are looking forward to as well as any concerns. Puberty for boys: Describe how boys' and girls' bodies change during puberty. <u>Activities:</u> Understanding terminology associated with puberty for boys - matching activity.	
Week 6	I know how to develop a positive self-image. I can identify what I am looking forward to when I am in Year 6.	

Year 5: Science

Lesson	Learning Objective	Vocabulary
Week 1	<p>To describe some of the changes that happen as humans develop.</p> <p><u>Activities:</u> Look at key stages in the life cycle of humans. Discuss the changes that have happened to them as they have got older. How have they changed since they were a baby? How have they changed since they started school? Think about the changes that might happen to them as they get older. Draw a timeline to show how humans change from babies to old age.</p>	<p>Male/female sex cells, sperm, egg cells, reproduction, bladder, penis, testes, uterus, ovary, vagina, vulva, ovaries, testicles, pubic hair, breasts, semen, menstruation, relationships, fallopian tube, pregnancy, embryo, umbilical cord</p>
Week 3	<p>To know the stages in the gestation period of humans and compare them to other animals.</p> <p>To recognise the stages of development during childhood and understand the needs of children at those stages.</p> <p><u>Activities:</u> Explain pregnancy and how babies grow inside their mothers. Complete investigation to compare gestation periods in animals. Compare the needs of human babies and their development to other animals. Write an agenda for a typical day in the life of a child in one of the age ranges.</p>	
Week 4 + Separate girl talk	<p>To understand the initial changes inside and outside of the body during puberty.</p> <p>Show video: All About Us - Living and Growing Unit 2 - programme 4 - Changes</p> <p><u>Activities:</u> Labelling the parts of the body that start to change in boys and girls and describing what those changes are. Produce a comic strip called 'Growing up' which tells the story of the body which changes.</p>	
Week 5	<p>To know the changes that occur during puberty and how they differ for boys and girls.</p> <p><u>Activities:</u> Explain need for hygiene, exercise and rest. Children to read the Puberty Problems scenario cards, then with reference to the sorted Keeping Fit statements, discuss and agree on some advice that might be useful for the child in each scenario.</p>	
Week 6	<p>To understand how the body changes during adulthood and old age.</p> <p><u>Activities:</u> Children to design and draw a new product which would make everyday life easier for old people. If possible, build a model and prepare a pitch for Dragon's den show.</p>	

Year 6: Sex Education

Delivered by the class teachers/Mr Pattrick, with a teaching assistant present

Lesson	Learning Objective	Vocabulary
1 Monday 13 th June	<p>Session 1: Children watch two videos (but separately) and then are given time to write questions anonymously about changes during puberty.</p> <p>Content: Watching the video, children ask questions, time taken to answer these. Mr Pattrick will cover this session with the boys and Mrs Renier and Miss Clements, with the girls.</p> <p>Video "Living & growing" Unit 3: Girl talk, Unit 3: Boy talk Not available on Youtube.</p>	<p>conception, making love, sexual intercourse, fallopian tube, pregnancy, embryo, umbilical cord, contraception, fertility treatment.</p>
2 Tuesday 14 th June	<p>Session 2: Puberty: Children can explain how girls' and boys' bodies change during puberty and understand the important of looking after yourself physically and emotionally.</p> <p>Content: puberty flashcards shown to show changes; children are reminded which affect boys and which affect girls. Then a game of "Puberty truth or Myth" cards is played. People picking up the card must say whether it is a myth or truth. Eg "Boys can always control when they get erections". Children are given the opportunity to ask any further question on an anonymous piece of paper. If there are any questions, additional time will be given to answer these.</p>	<p>pubic hair, menstruation, semen, erection, tampon, ovulation,</p>
3 Tuesday 21 st June	<p>Session 3: This session purely focuses on the act of intercourse. It is covered only by showing the video below. We then ask children to take any "tricky" questions home.</p> <p>Video "Living & growing" How babies are made Unit 2: Programme 5 https://www.youtube.com/watch?v=vYVJwBkg1D8</p>	<p>masturbation, clitoris, sperm, penis, vagina.</p>
4 Friday 24 th June	<p>Session 4: Children can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.</p> <p>Content: stages of pregnancy are explored. True/false quiz to explore life of a baby/embryo in the womb. Children are then encouraged to draw a "story board" reflecting the different stages of reproduction from conception to birth.</p> <p>Video "Living & growing" How babies are born Unit 2: Programme 6 https://www.youtube.com/watch?v=rYskJsF4nTw</p>	

Year 6: Bereavement

Delivered by Mr Pattrick (experience of bereavement counselling)

Lesson	Learning Objective
1 Monday 4 th July	<p>Session 1: Know some of the feelings we have when someone dies or leaves.</p> <p>Content: children are taught strategies to manage feelings associated with loss and help other people to do so. The children are shown the "Sad Book" by Michael Rosen, and "Badger's Parting Gifts" by Susan Varley. Excellent books going over feelings associated with grief and the strategies you can use to deal with it.</p>
2 Tuesday 5 th July	<p>Session 2: Understand there are different stages of grief ad there are different types of loss that cause people to grieve.</p> <p>Content: Stages of grief are explored. Discussions that everyone experiences it slightly differently due to the nature of their loss. Different types of losses are explored. The Grief cycle is explored and drawn by the children.</p>