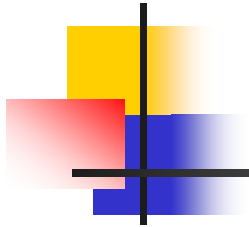


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# E - safety

How E-safe are you?



Isn't the internet amazing?  
It allows you to see more,  
learn more and have lots of  
fun.



To help you enjoy it safely, we'd  
like you to follow the

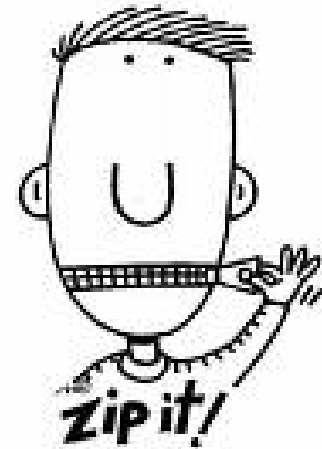
**'Click Clever, Click Safe Code'**

It's just three simple things  
we want you to remember, to help  
keep you safe when you go to your  
favourite websites each day.

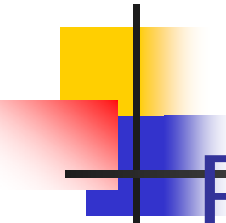


# ZIP IT

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Keep your personal stuff  
private and  
think about what you say and do  
online.



Remember that people online  
may not be who they say they  
are.

Online friends are still  
strangers even if you have  
been talking to them for a long  
time.



Don't share personal information online including your full name, photos, addresses, school information, telephone numbers and places you like to spend time. Make sure you have set privacy settings to restrict access to personal information.





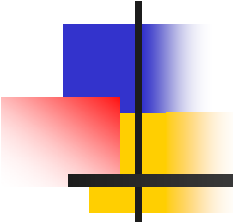
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Always use a nick-name instead  
of your real name.

Use an avatar instead of  
your real picture.

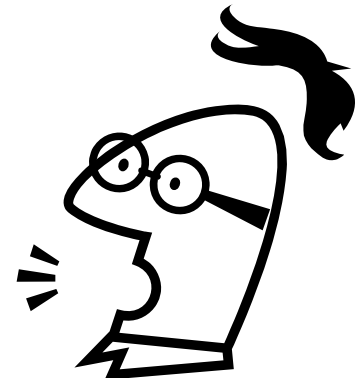


# DON'T GIVE PEOPLE YOUR PASSWORD!



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Change your password regularly,  
just in case somebody guesses it  
and begins to access your  
account.



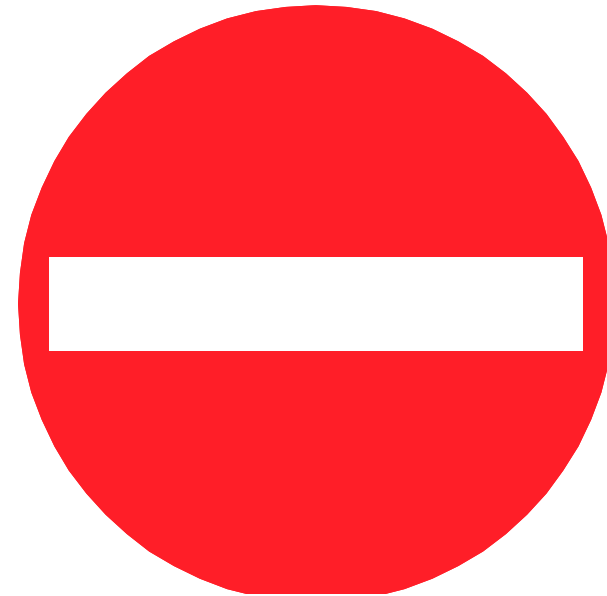




# BLOCK IT

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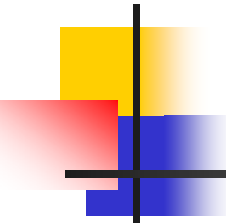
Block people who send nasty messages and don't open unknown links and attachments.



Always delete emails from  
people

you don't know, and don't open  
attachments from people you  
don't know. They might be nasty  
or have a virus that can stop  
your computer working.



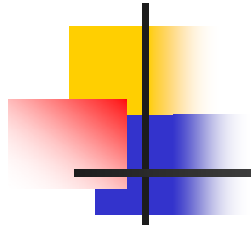


If someone is mean or sends nasty messages online, block them.

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Cyber bullying is very real and very upsetting... it is no different to usual bullying.





That rule applies to your mobile phone, DS, X-box live too. Anywhere you have access to the internet, whilst unsupervised, can have these problems.



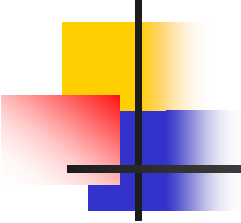
# Do you have a Blackberry?

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Mobile phones are making it much easier to communicate in lots of different ways.

BBM is a great way of communicating with your friends.....

But DON'T get caught up in nasty arguments.



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It's so easy to say something online that you wouldn't say to someone's face because you know it would hurt their feelings.

Don't hide behind your mobile phone or computer - words on a screen can be as hurtful as the words that come from your mouth.



# FLAG IT



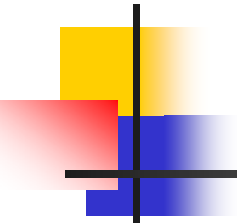
Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.



If a friend you have made online asks to meet you in the offline world, talk to your parents or a trusted adult about it.

You should never meet up with someone you have met online without an adult going with you because it is dangerous.





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If someone you know is being nasty to someone online, speak to a parent or a trusted adult about it.





If you want to talk to someone

else

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you can call

'Childline' on 0800 1111


or visit

[www.ceop.police.uk/report](http://www.ceop.police.uk/report)



A great website to go on about  
internet safety is..

[thinkuknow.co.uk](http://thinkuknow.co.uk)



Being safe is about being smart,  
making the right choices and  
knowing what to do when you  
just don't feel happy about  
something.



And remember... there are lots of other ways to have fun!

